



## Colorectal Cancer Facts

- Colorectal cancer is the 2nd leading cause of cancer death in the United States
- Colorectal cancer is preventable with appropriate screening
- Colorectal cancer has no symptoms in the early stages
- 45% of all Wyoming residents over the age of 50 have colon polyps that can turn into cancer over time

To request a FIT kit or for more information, contact us at:

(Place label with contact info here)

For information on qualifying for free colonoscopies please visit:

[health.wyo.gov/publichealth/prevention/cancer](http://health.wyo.gov/publichealth/prevention/cancer)



Brought to you through a partnership between the Wyoming Department of Health, Integrated Cancer Services and American Cancer Society.

**Hesitant about getting a colonoscopy?**

*There are options!*

Did you know colorectal stool tests:

- Can be done in the privacy of your own home
- Do not require time off
- Do not need bowel preparation
- Are non-invasive

## What is FIT Stool Kit?

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- FIT stands for Fecal Immunochemical Test
- It works by detecting hidden blood in stool that could be from colon polyps or early stage cancer
- A FIT stool kit should be done once a year
- If the results of the FIT stool kit are positive, a colonoscopy should be scheduled



## Who Should Use the FIT Stool Kit?

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Men and women, age 50-75 who:

- Have not had a colonoscopy in the last 10 years
- Have not done a FIT stool kit in the last year
- Have no history of bleeding ulcers or hernias



## How Do I Use A FIT Stool Kit?

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- Put the FIT stool kit in the bathroom so it will be there when you need to use it
- Follow the directions included in your kit
- After collected, place the sample and information in the pre-paid envelope and put it in the mail
- Results will be provided via letter or phone call.

